

ABSTRAK

Kesiapan kerja merupakan salah satu aspek penting yang perlu dimiliki mahasiswa sebagai bekal dalam menghadapi dunia kerja. Efikasi diri, adaptabilitas karier, dan keterampilan interpersonal merupakan faktor yang diduga memengaruhi kesiapan kerja mahasiswa. Penelitian ini bertujuan menganalisis pengaruh efikasi diri, adaptabilitas karier, dan keterampilan interpersonal terhadap kesiapan kerja mahasiswa angkatan 2022 Universitas Maritim Raja Ali Haji. Penelitian ini menggunakan pendekatan kuantitatif dengan populasi sebanyak 1.303 mahasiswa aktif angkatan 2022 dan sampel sebanyak 93 responden yang ditentukan menggunakan teknik *proportionate stratified random sampling*. Data dikumpulkan melalui kuesioner dan dianalisis menggunakan analisis regresi linear berganda. Hasil penelitian menunjukkan bahwa efikasi diri, adaptabilitas karier, dan keterampilan interpersonal secara parsial maupun simultan berpengaruh positif dan signifikan terhadap kesiapan kerja. Nilai *Adjusted R Square* sebesar 0,407 menunjukkan bahwa 40,7% variasi kesiapan kerja dapat dijelaskan oleh ketiga variabel tersebut. Dengan demikian, efikasi diri, adaptabilitas karier, dan keterampilan interpersonal berperan dalam meningkatkan kesiapan kerja mahasiswa.

Kata Kunci: Efikasi Diri, Adaptabilitas Karier, Keterampilan Interpersonal, Kesiapan Kerja.

ABSTRACT

Work readiness is one of the key aspects that students need to possess as preparation for entering the workforce. Self-efficacy, career adaptability, and interpersonal skills are factors believed to influence students' work readiness. This study aims to analyze the influence of self-efficacy, career adaptability, and interpersonal skills on the work readiness of the 2022 cohort of students at Raja Ali Haji Maritime University. This study employed a quantitative approach with a population of 1,303 active students from the class of 2022 and a sample of 93 respondents selected using proportionate stratified random sampling. Data were collected via a questionnaire and analyzed using multiple linear regression. The results indicate that self-efficacy, career adaptability, and interpersonal skills have a positive and significant effect on work readiness, both individually and collectively. An adjusted R-squared value of 0.407 indicates that 40.7% of the variation in work readiness can be explained by these three variables. Thus, self-efficacy, career adaptability, and interpersonal skills play a role in enhancing students' work readiness.

Keywords: *Self-Efficacy, Career Adaptability, Interpersonal Skills, Work Readiness.*

