

ABSTRAK

Penelitian ini bertujuan untuk mendeskripsikan klasifikasi emosional tokoh utama dalam novel *Logika Asa* karya Valerie Patkar berdasarkan teori klasifikasi emosi David Krech. Penelitian ini dilatarbelakangi oleh kompleksitas emosi yang dialami tokoh utama sebagai respons terhadap berbagai pengalaman hidup yang memengaruhi perkembangan psikologisnya. Penelitian ini menggunakan metode deskriptif kualitatif dengan pendekatan psikologi sastra. Sumber data penelitian berupa novel *Logika Asa* karya Valerie Patkar, sedangkan data penelitian berupa kutipan-kutipan yang menunjukkan klasifikasi emosional tokoh utama. Teknik pengumpulan data dilakukan melalui teknik baca dan teknik catat. Analisis data dilakukan melalui tahap reduksi data, penyajian data, dan penarikan simpulan. Keabsahan data menggunakan validitas semantik dan reliabilitas intrarater. Hasil penelitian menunjukkan bahwa tokoh utama mengalami tujuh klasifikasi emosi, yaitu rasa bersalah, rasa bersalah yang dipendam, menghukum diri sendiri, rasa malu, kesedihan, kebencian, dan cinta. Ketujuh klasifikasi emosi tersebut saling berkaitan dan membentuk dinamika psikologis tokoh sepanjang alur cerita. Emosi rasa bersalah muncul sebagai respons terhadap ketidakmampuan memenuhi harapan dan pengalaman masa lalu, kemudian berkembang menjadi rasa bersalah yang dipendam, menghukum diri sendiri, rasa malu, kesedihan, dan kebencian terhadap diri sendiri. Sementara itu, emosi cinta menjadi faktor yang mendorong perubahan positif dalam proses penerimaan diri tokoh. Temuan penelitian menunjukkan bahwa perkembangan emosional tokoh dipengaruhi oleh interaksi antara faktor internal dan eksternal yang membentuk perjalanan psikologis tokoh secara kompleks.

Kata kunci: klasifikasi emosional, psikologi sastra, tokoh utama, novel *Logika Asa*.

ABSTRACT

This study aims to describe the emotional classification of the main character in the novel Logika Asa by Valerie Patkar based on David Krech's theory of emotional classification. This research was motivated by the complexity of the main character's emotions as a response to various life experiences that influence her psychological development. This study employed a descriptive qualitative method using a literary psychology approach. The data source was the novel Logika Asa by Valerie Patkar, while the research data consisted of quotations indicating the emotional classifications of the main character. The data were collected through reading and note-taking techniques. Data analysis was carried out through data reduction, data display, and conclusion drawing. The trustworthiness of the data was established through semantic validity and intrarater reliability. The findings revealed 47 data representing seven emotional classifications experienced by the main character, consisting of six data of guilt, six data of buried guilt, six data of self-punishment, seven data of shame, eight data of sadness, seven data of hatred, and seven data of love. These emotional classifications are interconnected and collectively shape the psychological dynamics of the main character throughout the story. Feelings of guilt emerge as a response to the inability to fulfill expectations and past experiences, which subsequently develop into buried guilt, self-punishment, shame, sadness, and self-directed hatred. Meanwhile, love becomes a driving force that supports the main character's process of self-acceptance. The findings indicate that the emotional development of the main character is influenced by the interaction of internal and external factors, resulting in a complex psychological journey.

Keywords: *emotional classification, literary psychology, main character, Logika Asa.*