

ABSTRAK

Hasanah, Istanul. 2026. *Analisis Psikologi Sastra Dalam Novel Bila Esok Ibu Tiada Karya Nuy Nagiga*. Program Studi Pendidikan Bahasa dan Sastra Indonesia. Jurusan Pendidikan dan Seni, Fakultas Keguruan dan Ilmu Pendidikan. Universitas Maritim Raja Ali Haji. Pembimbing 1: Prof. Dr. Drs. H. Abdul Malik, M.Pd. Pembimbing 2: Tessa Dwi Leoni, S.Pd., M.Pd.

ABSTRAK

Penelitian ini bertujuan untuk mendeskripsikan aspek psikologi sastra yang terdapat dalam novel *Bila Esok Ibu Tiada* karya Nuy Nagiga. Penelitian ini dilatarbelakangi oleh kuatnya penggambaran kondisi psikologis tokoh-tokoh yang mengalami kehilangan sosok ibu sehingga memunculkan perubahan pada pikiran, perasaan, dan perilaku tokoh sepanjang cerita. Penelitian menggunakan pendekatan kualitatif dengan metode deskriptif. Sumber data penelitian adalah novel *Bila Esok Ibu Tiada* karya Nuy Nagiga yang diterbitkan pada tahun 2024, sedangkan data penelitian berupa kutipan narasi, dialog, dan tindakan tokoh yang mengandung aspek psikologi sastra. Teknik pengumpulan data dilakukan melalui teknik baca dan catat, sedangkan analisis data dilakukan dengan mengidentifikasi, mengklasifikasikan, menginterpretasikan, dan mendeskripsikan data berdasarkan pendekatan psikologi sastra. Hasil penelitian menunjukkan bahwa novel *Bila Esok Ibu Tiada* memuat tiga aspek psikologi sastra, yaitu pikiran tokoh, perasaan tokoh, dan perilaku tokoh. Ketiga aspek tersebut menggambarkan respons psikologis tokoh dalam menghadapi kehilangan sosok ibu, yang tercermin melalui perubahan cara berpikir, gejala perasaan, serta tindakan tokoh dalam menghadapi konflik dan proses pemulihan diri. Temuan penelitian menunjukkan bahwa novel ini tidak hanya menyajikan kisah kehilangan dalam sebuah keluarga, tetapi juga merepresentasikan dinamika psikologis manusia yang kompleks serta nilai-nilai kemanusiaan, seperti kasih sayang, ketabahan, dan ketegaran dalam menghadapi kehilangan.

Kata kunci: psikologi sastra, novel, *Bila Esok Ibu Tiada*

ABSTRACT

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ABSTRAK

This study examines the aspects of literary psychology in the novel *Bila Esok Ibu Tiada* by Nuy Nagiga. This study is motivated by the powerful portrayal of the psychological conditions of the characters who experience the loss of a mother figure, which triggers various emotional and behavioral changes throughout the storyline. The study aims to describe the emerging psychological values and explain the impact of loss on the characters' psychological development in the novel. This study employs a qualitative approach with a descriptive method. The data source for this study is the novel *Bila Esok Ibu Tiada* by Nuy Nagiga, published in 2024. The research data consists of dialogue excerpts, narratives, and character actions containing psychological elements. Data collection was conducted through reading and note-taking techniques, while data analysis was performed by identifying, classifying, interpreting, and describing the data based on a literary psychology approach. The results of the study show that the novel *Bila Esok Ibu Tiada* contains ten psychological values that shape the characters' emotional and behavioral development, namely anxiety, longing, sadness, loneliness, loss, mental fortitude, affection, inner pain, spiritual resilience, and the desire to recover. These values emerge as the characters' responses to the loss of their mother, which serves as the central conflict of the story. Anxiety arises from uncertainty and the fear of loss, while longing, sadness, loneliness, and loss depict the profound emotional impact following the departure of the mother figure. On the other hand, mental fortitude, affection, inner pain, spiritual resilience, and the desire to recover demonstrate the characters' adaptation process and struggles in facing suffering until achieving self-acceptance. The findings of this study reveal that the novel not only presents family conflicts but also represents complex human psychological dynamics, particularly in dealing with loss and the process of emotional recovery.

Keywords: literary psychology, novel, *Bila Esok Ibu Tiada*