

ABSTRAK

Fani, Elfelita. 2026. *Analisis Faktor-Faktor Kesulitan Belajar Mahasiswa pada Mata Kuliah Anatomi dan Fisiologi Manusia di Program Studi Pendidikan Biologi Universitas Maritim Raja Ali Haji*. Skripsi. Tanjungpinang: Program Studi Pendidikan Biologi, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Maritim Raja Ali Haji. Pembimbing I: Adam Fernando, S.Pd., M.Pd. Pembimbing II: Dr. Erda Muhartati, S.Si., M.Si.

Kata Kunci: kesulitan belajar, faktor internal, faktor eksternal, anatomi dan fisiologi manusia

Mata kuliah Anatomi dan Fisiologi Manusia merupakan salah satu mata kuliah yang mempelajari struktur dan fungsi tubuh manusia. Materi yang kompleks, banyaknya istilah ilmiah, serta keterkaitan antarsistem organ dapat menyebabkan mahasiswa mengalami kesulitan dalam proses pembelajaran. Penelitian ini bertujuan untuk menganalisis faktor-faktor kesulitan belajar yang dialami mahasiswa pada mata kuliah Anatomi dan Fisiologi Manusia di Program Studi Pendidikan Biologi Universitas Maritim Raja Ali Haji. Penelitian ini menggunakan pendekatan kuantitatif dengan metode deskriptif. Sampel penelitian berjumlah 101 mahasiswa yang telah menempuh mata kuliah Anatomi dan Fisiologi Manusia. Pengumpulan data dilakukan menggunakan angket yang terdiri atas 26 pernyataan yang mencakup faktor internal dan faktor eksternal. Data dianalisis menggunakan teknik analisis deskriptif dan disajikan dalam bentuk persentase. Hasil penelitian menunjukkan bahwa kesulitan belajar mahasiswa pada mata kuliah Anatomi dan Fisiologi Manusia dipengaruhi oleh faktor internal dan faktor eksternal. Faktor internal meliputi motivasi belajar, minat belajar, pemahaman konsep, daya ingat, konsentrasi belajar, strategi belajar, dan kepercayaan diri, sedangkan faktor eksternal meliputi metode pembelajaran, media pembelajaran, interaksi dosen dan mahasiswa, lingkungan belajar, beban tugas, dan waktu pembelajaran.

ABSTRACT

Fani, Elfelita. 2026. *Analysis of the Factors Contributing to Students' Learning Difficulties in the Human Anatomy and Physiology Course at the Biology Education Study Program, Raja Ali Haji Maritime University*. Undergraduate Thesis. Tanjungpinang: Biology Education Study Program, Faculty of Teacher Training and Education, Raja Ali Haji Maritime University. Advisor I: Adam Fernando, S.Pd., M.Pd. Advisor II: Dr. Erda Muhartati, S.Si., M.Si.

Keywords: learning difficulties, internal factors, external factors, human anatomy and physiology

The Human Anatomy and Physiology course is one of the courses that studies the structure and functions of the human body. The complexity of the subject matter, the large number of scientific terms, and the interrelationships among organ systems may cause students to experience learning difficulties. This study aimed to analyze the factors contributing to students' learning difficulties in the Human Anatomy and Physiology course at the Biology Education Study Program, Raja Ali Haji Maritime University. This study employed a quantitative approach using a descriptive method. The sample consisted of 101 students who had completed the Human Anatomy and Physiology course. Data were collected using a questionnaire consisting of 26 statements covering internal and external factors. The data were analyzed using descriptive analysis and presented in percentages. The results showed that students' learning difficulties were influenced by internal and external factors. Internal factors included learning motivation, learning interest, conceptual understanding, memory, learning concentration, learning strategies, and self-confidence. External factors included teaching methods, learning media, lecturer–student interaction, the learning environment, academic workload, and learning time.