

ABSTRAK

Rahmah, Asy Syifa Ur. 2026. Analisis *Self-Regulated Learning* Mahasiswa Pendidikan Biologi pada Mata Kuliah *Microteaching*. Skripsi. Tanjungpinang: Program Studi Pendidikan Biologi, FKIP, Universitas Maritim Raja Ali Haji. Pembimbing I: Elfa Oprasmani, S.Pd., M.Pd., Pembimbing II: Adam Fernando, S.Pd., M.Pd.

Kata Kunci: *Self-Regulated Learning*, *Microteaching*, Pendidikan Biologi, Mahasiswa.

Mata kuliah *Microteaching* menuntut mahasiswa memiliki kemampuan *Self-Regulated Learning* yang baik dalam mengelola proses belajar dan praktik mengajar. Namun, tingkat *Self-Regulated Learning* mahasiswa Program Studi Pendidikan Biologi pada mata kuliah *Microteaching* belum diketahui sehingga perlu dilakukan analisis. Penelitian ini bertujuan untuk menganalisis *Self-Regulated Learning* mahasiswa Program Studi Pendidikan Biologi Universitas Maritim Raja Ali Haji pada mata kuliah *Microteaching*. Penelitian ini menggunakan pendekatan kuantitatif dengan jenis penelitian deskriptif. Sampel penelitian berjumlah 104 mahasiswa yang dipilih menggunakan teknik *purposive sampling*. Data dikumpulkan melalui angket *Self-Regulated Learning* yang telah memenuhi kriteria valid dan reliabel. Data dianalisis menggunakan statistik deskriptif. Hasil penelitian menunjukkan bahwa *Self-Regulated Learning* mahasiswa Program Studi Pendidikan Biologi Universitas Maritim Raja Ali Haji pada mata kuliah *Microteaching* berada pada kategori sangat tinggi. Dengan demikian, mahasiswa Program Studi Pendidikan Biologi Universitas Maritim Raja Ali Haji memiliki *Self-Regulated Learning* yang sangat tinggi dalam mengikuti mata kuliah *Microteaching*.

ABSTRACT

Rahmah, Asy Syifa Ur. 2026. *An Analysis of Self-Regulated Learning among Biology Education Students in the Microteaching Course*. Undergraduate Thesis. Tanjungpinang: Biology Education Study Program, Faculty of Teacher Training and Education, Universitas Maritim Raja Ali Haji. Supervisor I: Elfa Oprasmani, S.Pd., M.Pd., Supervisor II: Adam Fernando, S.Pd., M.Pd.

Keywords: *Self-Regulated Learning, Microteaching, Biology Education, University Students.*

The *Microteaching* course requires students to possess strong *Self-Regulated Learning* (SRL) skills to effectively manage their learning process and teaching practice. However, the level of *Self-Regulated Learning* among Biology Education students enrolled in the *Microteaching* course has not yet been identified, making further analysis necessary. This study aimed to analyze the *Self-Regulated Learning* of students in the Biology Education Study Program at Raja Ali Haji Maritime University in the *Microteaching* course. This study employed a quantitative approach with a descriptive research design. The sample consisted of 104 students selected using a purposive sampling technique. Data were collected using a valid and reliable *Self-Regulated Learning* questionnaire and analyzed using descriptive statistics. The findings revealed that the students' *Self-Regulated Learning* was classified as very high. Therefore, it can be concluded that students in the Biology Education Study Program at Raja Ali Haji Maritime University demonstrate a very high level of *Self-Regulated Learning* in the *Microteaching* course.