

**THE EFFECT OF USING THE 6 MINUTES ENGLISH PODCASTS ON THE
LISTENING SKILLS OF GRADE 8 STUDENTS AT SMPN 15
TANJUNGPINANG**



**ENGLISH LANGUAGE EDUCATION STUDY PROGRAM
DEPARTMENT OF LANGUAGE AND ARTS EDUCATION
FACULTY OF TEACHER TRAINING AND EDUCATION**

UNIVERSITAS MARITIM RAJA ALI HAJI

2025

**THE EFFECT OF USING THE 6 MINUTES ENGLISH PODCASTS ON THE
LISTENING SKILLS OF GRADE 8 STUDENTS AT SMPN 15
TANJUNGPINANG**



SKRIPSI

Submitted as a Partial for the Undergraduate Degree in English

Language Education (S.Pd.)

SAZA TRIANA RISMA

2103050008

**ENGLISH LANGUAGE EDUCATION STUDY PROGRAM
DEPARTMENT OF LANGUAGE AND ARTS EDUCATION
FACULTY OF TEACHER TRAINING AND EDUCATION**

UNIVERSITAS MARITIM RAJA ALI HAJI

2025



KEMENTERIAN PENDIDIKAN TINGGI, SAINS,
DAN TEKNOLOGI
UNIVERSITAS MARITIM RAJA ALI HAJI
FAKULTAS KEGURUAN DAN ILMU PENDIDIKAN
Jalan raya Dompok, Pulau Dompok, Tanjungpinang 29111
Telepon (0771) 4500099, Faksimile (0771) 4500090, Kotak Pos 155
Laman <http://kip.umrah.ac.id> Posel kip@umrah.ac.id

APPROVAL SHEET

Name : Saza Triana Risma
NIM : 2103050008
Study Program : English Language Education
Skripsi Title : The Effect of Using The 6 Minutes English Podcast on The
Listening Skills of Grade 8 Students at SMPN 15 Tanjungpinang

Has been examined at the English Language Education Study Program, Department of
Language and Arts Education, Faculty of Teacher Training and Education, Universitas
Maritim Raja Ali Haji, and has been completely revised.

Tanjungpinang, July 21th 2025

Approved by,

Advisor I

Rona Elfiza, S.Pd., M.Pd.
NIDN 0031058502

Advisor II

Dewi Murni, S.S., M.Hum.
NIP 197906162014042001

Acknowledged by,

Coordinator of English Language Education Study Program,

Dewi Murni, S.S., M.Hum.
NIP 197906162014042001



APPROVAL SHEET

Name : Saza Triana Risma
NIM : 2103050008
Study Program : English Language Education
Skripsi Title : The Effect of Using The 6 Minutes English Podcast on The
Listening Skills of Grade 8 Students at SMPN 15 Tanjungpinang

Has passed the skripsi exam and confirmed that this skripsi had been thoroughly examined, improved, and approved by the advisors at English Language Education Study Program, Department of Language and Arts Education, Faculty of Teacher Training and Education, Universitas Maritim Raja Ali Haji Tanjungpinang in order to fulfill one of the requirements for getting undergraduate degree in English Language Education.

Tanjungpinang, July 21st 2025

Approved by,

Board of Examiners:

1. **Dewi Nopita, S.Pd., M.Pd.**
NIP 198201232014042001

Chairperson

2. **Benni Satria, S.Pd., M.Pd.**
NIP 199101232019031013

Examiner I

3. **Rahma Nuzulia, S.Pd., M.Li.**
NIDN 0027029403

Examiner II

4. **Rona Elfiza, S.Pd., M.Pd.**
NIDN 0031058502

Examiner III

5. **Dewi Murni, S.S., M.Hum.**
NIP 197906162014042001

Examiner IV

Dean,


Ahada Wahyusari, S.Pd., M.Pd.
NIP 198304072012122003

Acknowledged,

**Coordinator of English Language
Education Study Program,**


Dewi Murni, S.S., M.Hum.
NIP 197906162014042001



KEMENTERIAN PENDIDIKAN TINGGI, SAINS,
DAN TEKNOLOGI
UNIVERSITAS MARITIM RAJA ALI HAJI
FAKULTAS KEGURUAN DAN ILMU PENDIDIKAN
Jalan raya Dompok, Pulau Dompok, Tanjungpinang 29111
Telepon (0771) 4500099, Faksimile (0771) 4500090, Kotak Pos 155
Laman <http://fkip.umrah.ac.id> Posel fkip@umrah.ac.id

STATEMENT OF THE ORIGINALITY OF SKRIPSI

The undersigned,

Name : Saza Triana Risma

Reg. Number : 2103050008

Study Program : English Language Education Study Program

Declares that this present Skripsi is an original research by Saza Triana Risma that is submitted to the English Language Education Study Program, Universitas Maritim Raja Ali Haji. The theories and/or findings from the previous studies by other researchers have been acknowledged. Theoretical contributions and findings in this study are my original work and have not been submitted for any degree or any other universities.

Should it later be revealed that this Skripsi contains partly or wholly plagiarized of other's works, I will readily accept the sanction established by the University.

Tanjungpinang, July 21th 2025



Saza Triana Risma
2103050008

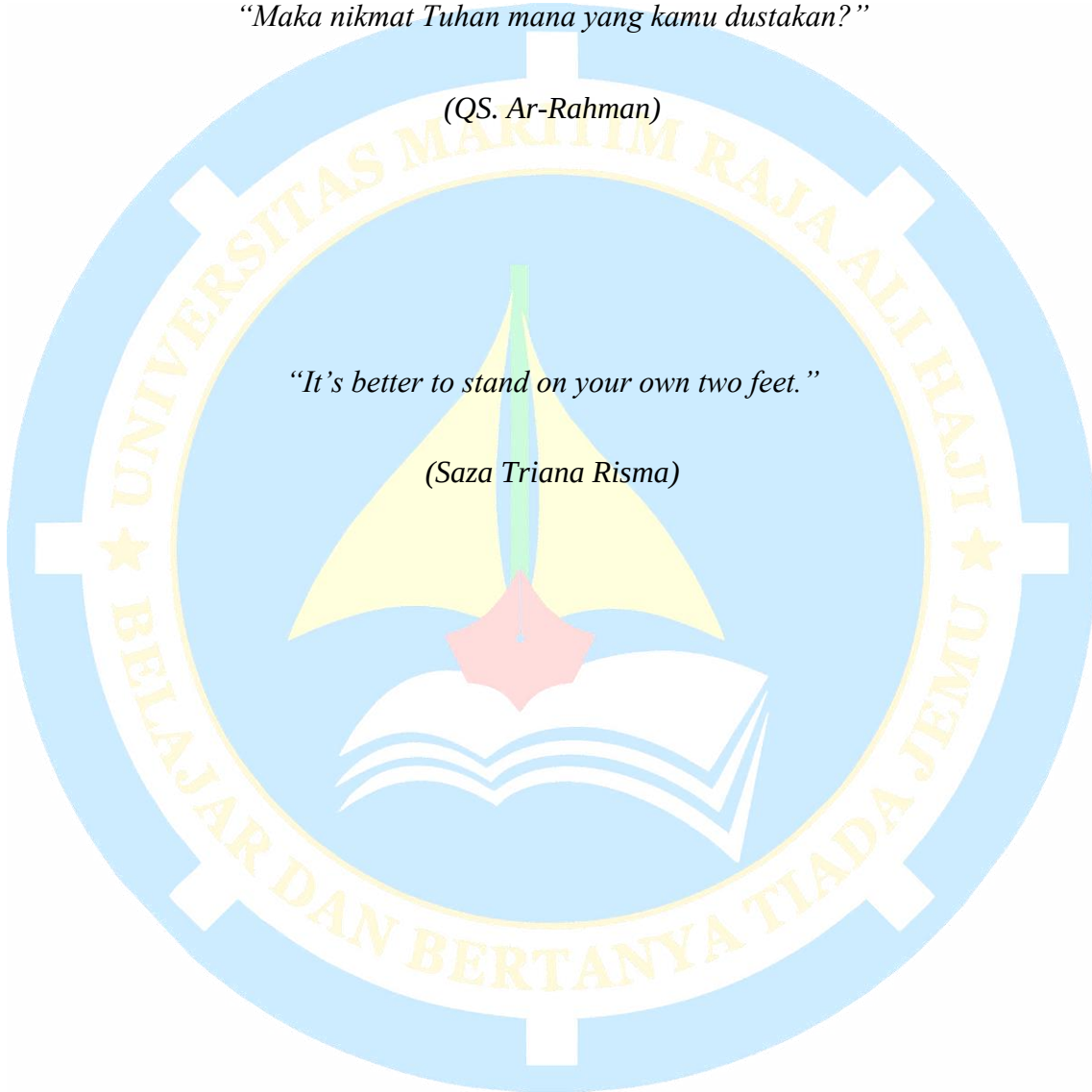
MOTTO

“Maka nikmat Tuhan mana yang kamu dustakan?”

(QS. Ar-Rahman)

“It’s better to stand on your own two feet.”

(Saza Triana Risma)



ACKNOWLEDGEMENT

In the name of Allah SWT, the Most Compassionate, the Most Merciful. All praise and thanks are due to Allah SWT, the Lord of the universe, for all His kindness and extraordinary gifts so that the author can complete this research proposal entitled "The Effect of Using The 6 Minutes English Podcasts on The Listening Skills of Grade 8 Students at SMPN 15 Tanjungpinang" to fulfill one of the requirements to obtain a Bachelor of Education degree in the English Education Study Program, Faculty of Teacher Training and Education, Raja Ali Haji Maritime University, without the support and advice of various parties. The researcher would like to express her deepest gratitude to those who have provided support to the researcher, especially to:

1. Prof. Dr. Agung Dhamar Syakti, S.Pi., D.E.A as the Rector of Universitas Maritim Raja Ali Haji who has given researcher the chance to study and gain precious knowledge in the university.
2. Assist. Prof. Ahada Wahyusari, S.Pd., M.Pd. as Decan of Faculty Teacher Training and Education of Universitas Maritim Raja Ali Haji.
3. Assist. Prof. Dewi Nopita, S.Pd., M.Pd. as Head of the Language and Arts Education Department of Universitas Maritim Raja Ali Haji.
4. Assist. Prof. Benni Satria, S.Pd., M.Pd. as Secretary of the Language and Arts Education Department of Universitas Maritim Raja Ali Haji.
5. Assist. Prof. Dewi Murni, S.S., M.Pd. as the Coordinator of English Education Study Program of Universias Maritim Raja Ali Haji.

6. Assist. Prof. Rona Elfiza, S.Pd., M.Pd. as the researcher's first advisor who has always helped the researcher patiently to finish this skripsi by giving her advice, support, correction, suggestion, and guidance.
7. Assist. Prof. Dewi Murni, S.Pd., M.Pd. as the researcher's co-advisor who has patiently given his valuable help, guidance, and correction to finish this research.
8. The lecturers of English Language Education Department.
9. Thank you for my beloved parents, Mama and Bapak, for all the efforts and prayers that have been given in helping to complete this research.
10. Thank you for all of my siblings, Abang Teo, Abang Odi dan Kakak Nanda for all the support, affection and sincere love from the beginning until now so that the author can complete this research.
11. Thank you for all my friends who I cannot mention one by one, who are always there and help researchers during lectures to get to this point.
12. And also, thank you to one of the cutest creatures, my beloved cats, who are always present in any situation both for those who are still here and those who have passed away.
13. Finally, I would like to thank myself for being able to complete this research despite all the challenges I faced.

Once again, thank you very much to all the humans involved in making this research so that the researcher can get to this point. The researcher is very open to suggestions and supportive comments to help improve this research. The researcher hopes that this proposal can help readers to gain new and useful knowledge in the future.

Tanjungpinang, 30 Mei 2025

The Researcher



Saza Triana Risma



TABLE OF CONTENT

COVER.....	ii
APPROVAL SHEET.....	iii
APPROVAL SHEET.....	iv
STATEMENT OF THE ORIGINALITY OF SKRIPSI.....	v
MOTTO.....	vi
ACKNOLEDGEMENT	vii
TABLE OF CONTENT	x
LIST OF FIGURE	xiii
LIST OF TABLE	xiv
LIST OF APENDDDIX	xv
ABSTRAK.....	xvi
ABSTRACT	xvii
CHAPTER I	1
INTRODUCTION	1
1.1 Background of the Research	1
1.2 Identification of the Problem	3
1.3 Limitation of the Problem.....	4
1.4 Research Questions.....	4
1.5 Objective of the Study	4
1.6 Significant of the Study	4
1.6.1 Theoritically.....	4
1.6.2 Practically	5
1.7 Definition of Key Terms.....	5
CHAPTER II	7
LITERATURE REVIEW	7
2.1 Theoretical Review	7
2.1.1 Definition of Listening.....	7
2.1.2 Process of Listening.....	10

2.1.3 Learning Media With Podcast	11
2.1.4 6 Minutes English Podcast.....	12
2.1.5 Relevant Learning Theories	12
2.2 Review Of Related Studies	14
2.3 Conceptual Framework.....	16
2.4 Hypothesis	17
CHAPTER III	18
RESEARCH METHODOLOGY	18
3.1 Research Design	18
3.2 Research Setting	19
3.3 Subject of Study.....	19
3.3.1 Population.....	19
3.3.2 Sample	19
3.4 Research Procedure.....	20
3.5 Research Instrument	22
3.6 Data Collection Techniques.....	23
3.7 Data Analysis Techniques	23
3.7.1 Individual Score.....	23
3.7.2 Normality Test.....	23
3.7.3 Hypothesis Test	24
BAB IV	25
RESULT AND DISCUSSION	25
4.1 Data Description	25
4.2 Data Analysis.....	27
4.2.1 Normality Test.....	27
4.2.2 Paired Samples T-test.....	28
4.3 Discussion	29
BAB V	32
CONCLUSION AND SUGGESTION	32
5.1 Conclusion	32
5.2 Suggestion.....	33

5.2.1	For Students.....	33
5.2.2	For Teachers	34
5.2.3	For Other Researchers	34
REFERENCES		35
APPENDICES.....		39



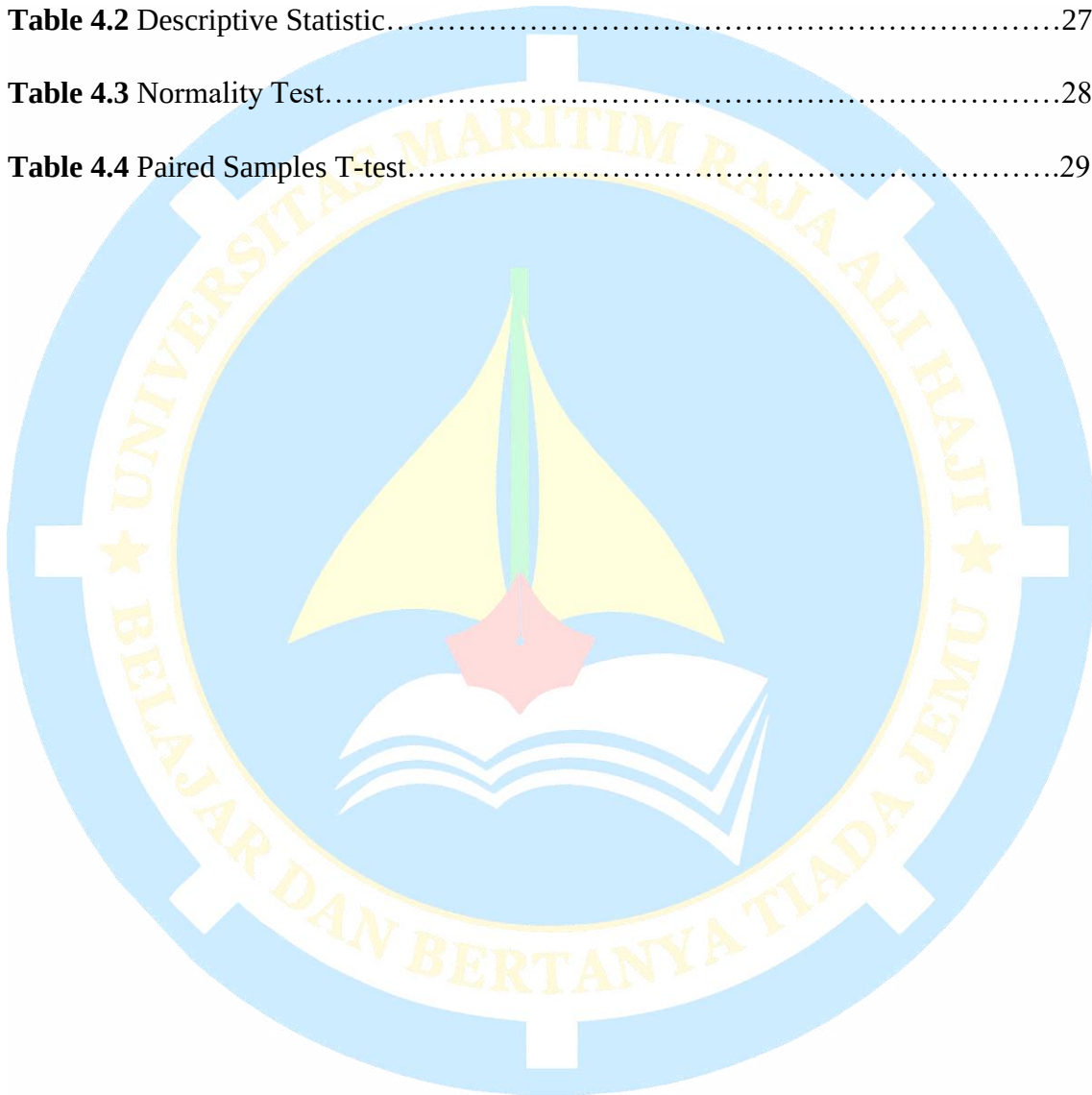
LIST OF FIGURE

Figure 2.3 Conceptual Framework	16
Figure 3.1 Research Design.....	18



LIST OF TABLE

Table 3.1 Population of 8 th grade student SMPN 15 Tanjungpinang.....	19
Table 4.1 Pre-Test and Post-test Results.....	25
Table 4.2 Descriptive Statistic.....	27
Table 4.3 Normality Test.....	28
Table 4.4 Paired Samples T-test.....	29



LIST OF APENDDIX

Appendix 1. Lesson Plan (Treatment 1).....	40
Appendix 2. Lesson Plan (Treatment 2).....	45
Appendix 3. Lesson Plan (Treatment 3).....	50
Appendix 4. Pre-test Questions.....	55
Appendix 5. Results of Pre-test Students.....	59
Appendix 6. Post-test Questions.....	65
Appendix 7. Results of Post-test Students.....	69
Appendix 8. Documentation.....	75
Appendix 9. Letter of Completion of Research.....	78
Appendix 10. Recommendation Letter (Dinas Pendidikan).....	79
Appendix 11. Recommendation Letter (Badan Kesatuan Bangsa dan Politik).....	80
Appendix 12. Certificate of Plagiarism-Free.....	81